



Total Health & Wellness Associates, PLLC

Bringing it all together... Mind, Body & Spirit

Mailing Address: PO Box 3052 • Farmington Hills, MI 48333-3052

Phone: (734) 368-7154 • Fax: (248) 477-4442

Office Locations

31700 W. 12 Mile Road
Suites 100 & 250
Farmington Hills, MI 48334

245 Barclay Circle
Suite 400
Rochester Hills, MI 48307

1025 E. Maple Road
Suite B-7A
Birmingham, MI 48009

432N. Saginaw Street
Suites 415 & 433
Flint, MI 48502

Informed Consent for In-Person Services During COVID-19 Public Health Crisis

This document contains important information about our decision (yours and mine) to schedule in-person services in light of the COVID-19 public health crisis. Please read this carefully and let me know if you have any questions. When you sign this document, it will be an official agreement between us.

Decision to Meet Face-to-Face

We have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, it may be required that we meet via telehealth or discontinue services until we can meet in person once again. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. You understand that, if our office believes it is necessary, it may be determined that we return to telehealth, or pause services, for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to, telehealth services, our office will respect that decision, as long as it is feasible and clinically appropriate. Reimbursement for telehealth services, however, is also determined by the insurance companies and applicable law, so that is an issue we may also need to discuss.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep everyone (you, me, and our families, other staff, and other patients) safer from exposure, sickness and possible death. If you do not adhere to these safeguards, it may result in pausing or discontinuing service, or consideration of a telehealth arrangement, if feasible. **Initial each of the following to indicate that you understand and agree to these actions:**

- You will only keep your in-person appointment if you are symptom free. _____
- We will take your temperature before you enter the building/office for each appointment. If it is elevated (100 Fahrenheit or more), or if you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. A late cancellation fee will be charged if you arrive to your appointment and are not symptom-free. _____
- You will wait in your car or outside until your provider contacts you to meet at the door for screening at, or just prior to, your appointment time. _____
- You will wash your hands or use alcohol-based hand sanitizer when you enter the building. _____
- You will adhere to the safe distancing precautions we have set up in the waiting room and testing/therapy room. For example, you won't move chairs or sit where we have signs asking you not to sit. _____
- You will wear a mask in all areas of the office (all providers and other clients will too). _____



- You will keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands). _____
- You will try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands. _____
- If you are bringing your child, you will make sure that your child follows all of these sanitation and distancing protocols. _____
- You will take steps between appointments to minimize your exposure to COVID. _____
- If your commute or other responsibilities or activities put you in close contact with others (beyond your family) and you are placed at higher risk of exposure as a result, you will let our office know. _____
- If a resident of your home tests positive for the infection, you will immediately let our office know and we will then [begin] resume treatment via telehealth, if feasible. _____

The above precautions may be changed if additional local, state or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

Our Commitment to Minimize Exposure

Our practice has taken steps to reduce the risk of spreading the coronavirus within the office and we have posted our efforts in the office. Please let me know if you have questions about these efforts.

If You or Your Provider Are Sick

You understand that we are committed to keeping you, ourselves, and all of our families safe from the spread of this virus. If you show up for an appointment and we believe that you have a fever or other symptoms, or believe you have been exposed, we will have to require you to leave the office immediately. We can follow up with services by telehealth as appropriate.

If any of our providers test positive for the coronavirus, we will notify you so that you can take appropriate precautions.

Your Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, we may be required to notify local health authorities that you have been in the office. If we have to report this, we will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for our visits. By signing this form, you are agreeing that we may do so without an additional signed release.

Informed Consent

This agreement supplements the general informed consent/business agreement that we agreed to at the start of our work together.

Your signature below shows that you agree to these terms and conditions.

Client Name

Client Signature

Date